

# URBANIAN RUN TRIER 2015

Ergebnisse Trier 5km, 19.07.2015

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| Platz | St.-Nr. | m/w | Nat. | Verein                  |                       | m/w-Pl. | Zeit      |
|-------|---------|-----|------|-------------------------|-----------------------|---------|-----------|
| 1     | 2682    | m   | GER  | Althoff, Benedikt       |                       | 1       | 0:19:10,9 |
| 2     | 2119    | m   | GER  | Kuhn, Dominik           | TBS - Pacemaker       | 2       | 0:20:12,5 |
| 3     | 2162    | m   | BEL  | Boemer, Mirko           |                       | 3       | 0:21:14,5 |
| 4     | 2125    | m   | GER  | Bold, Philip            | TBS - Pacemaker       | 4       | 0:21:19,7 |
| 5     | 2021    | m   | GER  | Schulz, Lukas           | die Palderlz          | 5       | 0:21:27,0 |
| 6     | 2031    | m   | GER  | Schollenberger, Stephan | Donnergurgler         | 6       | 0:22:08,8 |
| 7     | 2120    | m   | GER  | Schweizer, Kevin        | TBS - Pacemaker       | 7       | 0:22:13,2 |
| 8     | 2688    | m   | GER  | Rossen, Markus          |                       | 8       | 0:22:19,1 |
| 9     | 2684    | m   | GER  | Mayer, Marc             |                       | 9       | 0:22:26,1 |
| 10    | 2038    | m   | GER  | Schulz, Florian         | Freeletics            | 10      | 0:22:27,3 |
| 11    | 2114    | m   | GER  | Moret, Kevin            | SVG                   | 11      | 0:22:34,8 |
| 12    | 2221    | m   | GER  | Feldges, Johannes       | CROSSFIT Trier        | 12      | 0:22:35,6 |
| 13    | 2054    | m   | GER  | Young, Gary             | GLS Germany           | 13      | 0:22:47,5 |
| 14    | 2118    | m   | GER  | Rutsatz, Christopher    | SVG                   | 14      | 0:22:59,6 |
| 15    | 2109    | w   | FRA  | Vallet, Megane          | Muskelwerkstatt Trier | 1       | 0:23:21,3 |
| 16    | 2106    | m   | GER  | Fürderer, Sebastian     | Muskelwerkstatt Trier | 15      | 0:23:21,4 |
| 17    | 2027    | m   | GER  | Schäffer, Daniel        | Die Unsterblichen     | 16      | 0:23:22,1 |
| 18    | 2108    | m   | FRA  | Vallet, Dorian          | Muskelwerkstatt Trier | 17      | 0:23:22,4 |
| 19    | 2063    | m   | GER  | Steinau, Lucas          | GLS Germany           | 18      | 0:23:29,3 |
| 20    | 2282    | m   | GER  | Simonis, Johannes       |                       | 19      | 0:23:33,3 |
| 21    | 2145    | m   | GER  | Menge, Christian        | The Running Gag       | 20      | 0:23:35,3 |
| 22    | 2476    | m   | GER  | Hoffmann, Felix         | Hoffmann              | 21      | 0:24:07,0 |
| 23    | 2042    | m   | GER  | Schmidt, Dennis         | Freeletics            | 22      | 0:24:08,1 |
| 24    | 2037    | m   | GER  | Zimmermann, Lukas       | Donnergurgler         | 23      | 0:24:14,8 |
| 25    | 2433    | m   | GER  | Sachtleben, Bastian     | Das BIER gewinnt.     | 24      | 0:24:26,6 |
| 26    | 2269    | m   | GER  | Graff, Roman            |                       | 25      | 0:24:36,0 |
| 27    | 2258    | m   | GER  | Waldschütz, Jan         |                       | 26      | 0:24:36,3 |
| 28    | 2556    | m   | GER  | Schumacher, Tim         | Schumis               | 27      | 0:24:36,8 |
| 29    | 2113    | m   | GER  | Dietzen, Stefan         | SVG                   | 28      | 0:24:38,9 |
| 30    | 2115    | m   | GER  | Forstner, David         | SVG                   | 29      | 0:24:39,4 |
| 31    | 2043    | m   | GER  | Schömann, Peter         | Freeletics            | 30      | 0:24:39,9 |
| 32    | 2171    | m   | GER  | Wutz, Maikan            | Fit4Run               | 31      | 0:24:40,5 |
| 33    | 2116    | m   | GER  | Flesch, Christian       | SVG                   | 32      | 0:24:40,6 |
| 34    | 2555    | m   | GER  | Schumacher, Stefan      | Schumis               | 33      | 0:24:40,6 |
| 35    | 2066    | m   | GER  | Krüger, Marc            | Halbe Lunge           | 34      | 0:24:44,6 |
| 36    | 2491    | m   | GER  | Kimmer, Kevin           | just for fun          | 35      | 0:24:53,6 |
| 37    | 2215    | m   | GER  | Schmidt, Jens           | CROSSFIT Trier        | 36      | 0:24:54,5 |
| 38    | 2237    | m   | GER  | Vardaro, Carmello       | Starsky & Hutch       | 37      | 0:24:55,2 |
| 39    | 2024    | m   | GER  | Gehlen, Florian         | Die Unsterblichen     | 38      | 0:25:01,0 |
| 40    | 2426    | m   | GER  | Schremb, Nils           | Bonnie und Clyde      | 39      | 0:25:02,0 |
| 41    | 2695    | w   | LUX  | Knebeler, Sonja         |                       | 2       | 0:25:03,7 |

|    |      |   |     |                       |                         |    |           |
|----|------|---|-----|-----------------------|-------------------------|----|-----------|
| 42 | 2696 | m | LUX | Melone, Daniel        |                         | 40 | 0:25:03,8 |
| 43 | 2040 | m | GER | Enders, Wladimir      | Freeletics              | 41 | 0:25:05,8 |
| 44 | 2064 | m | GER | Becker, Jens Frederic | GLS Germany             | 42 | 0:25:06,0 |
| 45 | 2055 | m | GER | Patton, Janusch       | GLS Germany             | 43 | 0:25:07,0 |
| 46 | 2117 | m | GER | Wick, Michael         | SVG                     | 44 | 0:25:10,9 |
| 47 | 2261 | m | GER | Zimmer, Hans-Dieter   |                         | 45 | 0:25:14,8 |
| 48 | 2281 | m | FRA | Andres, Vincent       |                         | 46 | 0:25:14,8 |
| 49 | 2039 | m | GER | Koppers, Lukas        | Freeletics              | 47 | 0:25:15,6 |
| 50 | 2124 | m | GER | Baur, Marco           | TBS - Pacemaker         | 48 | 0:25:18,1 |
| 51 | 2280 | m | GER | Schnizler, Tobias     |                         | 49 | 0:25:18,6 |
| 52 | 2067 | m | GER | Becker, Christian     | Halbe Lunge             | 50 | 0:25:21,4 |
| 53 | 1086 | w | GER | Heil, Petra           | Ruwer Rockets           | 3  | 0:25:22,4 |
| 54 | 2006 | m | GER | Neubert, Rainer       | Der TV Bewegt           | 51 | 0:25:24,4 |
| 55 | 2575 | m | GER | Hower, Michael        | Ruwer Rockets           | 52 | 0:25:24,5 |
| 56 | 2007 | m | GER | Neubert, Leo          | Der TV Bewegt           | 53 | 0:25:25,4 |
| 57 | 2613 | m | GER | Gendelmann, Slawa     | Team Sportnahrung Engel | 54 | 0:25:30,1 |
| 58 | 2616 | m | GER | Roos, Jörg            | Team Sportnahrung Engel | 55 | 0:25:30,3 |
| 59 | 2622 | m | GER | Sendelbach, André     | Team Trainingsbalanc... | 56 | 0:25:31,2 |
| 60 | 2623 | w | GER | Averbeck, Sabine      | Team Trainingsbalanc... | 4  | 0:25:31,8 |
| 61 | 2621 | m | GER | Müller, Dirk          | Team Trainingsbalanc... | 57 | 0:25:31,9 |
| 62 | 2620 | w | GER | Kuyken, Jutta         | Team Trainingsbalanc... | 5  | 0:25:32,0 |
| 63 | 2594 | m | GER | Barbwich, Jochen      |                         | 58 | 0:25:32,1 |
| 64 | 2408 | m | GER | Adam, Sebastian       | Backüp                  | 59 | 0:25:35,3 |
| 65 | 2430 | m | GER | Merkler, Martin       | Clever Fit Trier        | 60 | 0:25:36,0 |
| 66 | 2279 | m | GER | Weiten, Daniel        |                         | 61 | 0:25:37,1 |
| 67 | 2580 | m | GER | Ritter, Daniel        |                         | 62 | 0:25:37,3 |
| 68 | 2278 | w | GER | Beutler, Lorena       |                         | 6  | 0:25:38,3 |
| 69 | 2500 | w | GER | Schneider, Mara       | Kandelbach              | 7  | 0:25:40,1 |
| 70 | 2429 | m | GER | Rampelt, David        | Clever Fit Trier        | 63 | 0:25:40,3 |
| 71 | 2293 | m | ASA | Young, Andrew         |                         | 64 | 0:25:40,5 |
| 72 | 2615 | m | GER | Haidar, Abbas         | Team Sportnahrung Engel | 65 | 0:25:40,8 |
| 73 | 2065 | m | GER | Shala, Elez           | GLS Germany             | 66 | 0:25:55,5 |
| 74 | 2061 | m | GER | Woiki, Gregor         | GLS Germany             | 67 | 0:25:56,3 |
| 75 | 2590 | m | GER | Krüger, Kevin         |                         | 68 | 0:25:57,3 |
| 76 | 2047 | m | GER | Diensberg, Matthias   | FreeRunners             | 69 | 0:26:00,2 |
| 77 | 2122 | m | GER | Sonnen, Kevin         | TBS - Pacemaker         | 70 | 0:26:04,1 |
| 78 | 2475 | m | GER | Hoffmann, Philipp     | Hoffmann                | 71 | 0:26:04,8 |
| 79 | 2093 | w | GER | Greinert, Nele        | maze runners            | 8  | 0:26:04,9 |
| 80 | 2094 | w | GER | Stein, Johanna        | maze runners            | 9  | 0:26:05,4 |
| 81 | 2096 | w | GER | Reuter, Jill          | maze runners            | 10 | 0:26:05,4 |
| 82 | 2446 | m | GER | Henschel, Patrick     | Die Irrläufer           | 72 | 0:26:16,0 |
| 83 | 2056 | m | GER | Wons, Andreas         | GLS Germany             | 73 | 0:26:20,7 |
| 84 | 2144 | m | GER | Bohlinger, Erik       | The Running Gag         | 74 | 0:26:25,2 |
| 85 | 2576 | m | GER | Koschel, Ferdinand    | KOMO                    | 75 | 0:26:25,5 |
| 86 | 2014 | m | GER | Kahmann, Markus       | Die 4 Tribute der Säule | 76 | 0:26:26,6 |
| 87 | 2689 | m | GER | Singhof, Tobias       |                         | 77 | 0:26:27,4 |

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| 88  | 2577 | m | GER | Motir, Niko         | KOMO                   | 78  | 0:26:27,6 |
| 89  | 2584 | m | MEX | Reverian, Camil     |                        | 79  | 0:26:28,5 |
| 90  | 2143 | m | GER | Häusler, Andreas    | The Running Gag        | 80  | 0:26:29,1 |
| 91  | 2291 | w | GER | Alles, Tatiana      |                        | 11  | 0:26:29,9 |
| 92  | 2001 | w | GER | Karl, Claudia       | Der TV Bewegt          | 12  | 0:26:32,1 |
| 93  | 2631 | m | GER | Pahl, Wilhelm       | The V-Men              | 81  | 0:26:35,1 |
| 94  | 2170 | m | GER | Adames, Frank       | The V-Men              | 82  | 0:26:36,1 |
| 95  | 2629 | m | GER | Akman, Orhan        | The unstoppable A-Team | 83  | 0:26:43,3 |
| 96  | 2299 | w | ASA | Truitt, Heather     |                        | 13  | 0:26:44,0 |
| 97  | 2628 | w | GER | Akman, Mehmet       | The unstoppable A-Team | 14  | 0:26:48,8 |
| 98  | 2592 | m | GER | Theisen, Axel       | Prinzen Sisters        | 84  | 0:26:53,5 |
| 99  | 2123 | m | GER | Bedau, Lucas        | TBS - Pacemaker        | 85  | 0:26:56,3 |
| 100 | 2428 | w | GER | Kalkstein, Caroline | Clever Fit Trier       | 15  | 0:26:59,1 |
| 101 | 2425 | m | GER | Schröder, Rolf      | Bonnie und Clyde       | 86  | 0:27:07,9 |
| 102 | 2077 | w | GER | Peters, Jasmin      | läuft                  | 16  | 0:27:10,8 |
| 103 | 2075 | w | GER | Mathei, Yvonne      | läuft                  | 17  | 0:27:11,0 |
| 104 | 2498 | m | GER | Pies, Ben           | Kandelbach             | 87  | 0:27:12,3 |
| 105 | 2205 | m | GER | Dell, Sergej        | Brigada WIL            | 88  | 0:27:20,0 |
| 106 | 2206 | m | GER | Fischukow, Alex     | Brigada WIL            | 89  | 0:27:20,4 |
| 107 | 2618 | m | GER | Stüber, Florian     | Team Stüber            | 90  | 0:27:20,5 |
| 108 | 2665 | m | GER | Schmitt, Markus     | TUS Mosella Schweich   | 91  | 0:27:22,9 |
| 109 | 2668 | w | GER | Wegener, Angelina   | Two and a half women   | 18  | 0:27:25,4 |
| 110 | 2683 | m | GER | Kolz, André         |                        | 92  | 0:27:30,7 |
| 111 | 2607 | m | GER | Pauli, Thomas       | Team läuft immer noch  | 93  | 0:27:31,4 |
| 112 | 2002 | m | GER | Zimmer, Alexander   | Der TV Bewegt          | 94  | 0:27:40,0 |
| 113 | 2292 | m | GER | Surges, Marc        |                        | 95  | 0:27:43,8 |
| 114 | 2472 | m | LUX | Pleimling, Christof | Fit4Run                | 96  | 0:27:44,3 |
| 115 | 2469 | w | GER | Hartmann, Lisa      | Fit4Run                | 19  | 0:27:47,1 |
| 116 | 2110 | m | GER | Reinhold, Carsten   | Muskelwerkstatt Trier  | 97  | 0:27:52,8 |
| 117 | 2593 | m | GER | Meierling, Tobias   |                        | 98  | 0:27:55,0 |
| 118 | 2026 | m | GER | Kauer, Christian    | Die Unsterblichen      | 99  | 0:27:55,4 |
| 119 | 2034 | w | GER | Heinrich, Neele     | Donnergurgler          | 20  | 0:27:56,2 |
| 120 | 2526 | m | GER | Linden, Louis       | Overrated              | 100 | 0:27:57,3 |
| 121 | 2497 | w | GER | Pies, Pia           | Kandelbach             | 21  | 0:28:01,8 |
| 122 | 2531 | m | GER | Feth, Jerry         | Pokalhelden 06         | 101 | 0:28:03,6 |
| 123 | 2203 | m | GER | Giessen, Fritz      | Meinhardt.             | 102 | 0:28:06,0 |
| 124 | 2528 | m | GER | Neugebauer, Stefan  | Pokalhelden 06         | 103 | 0:28:07,6 |
| 125 | 2529 | m | GER | Steinmetz, Ingo     | Pokalhelden 06         | 104 | 0:28:09,4 |
| 126 | 2530 | m | GER | Berg, Alexander     | Pokalhelden 06         | 105 | 0:28:15,5 |
| 127 | 2499 | m | GER | Pies, Rüdiger       | Kandelbach             | 106 | 0:28:16,1 |
| 128 | 2025 | m | GER | Geib, Dennis        | Die Unsterblichen      | 107 | 0:28:18,5 |
| 129 | 2201 | w | GER | Meinhardt, Kirsten  | Meinhardt.             | 22  | 0:28:18,7 |
| 130 | 2164 | m | GER | Willms, David       | Roter Stern Trier      | 108 | 0:28:18,9 |
| 131 | 2257 | w | GER | Schömer, Nicole     |                        | 23  | 0:28:18,9 |
| 132 | 2149 | m | BRA | Eidt, Thiago        |                        | 109 | 0:28:21,7 |
| 133 | 2202 | m | GER | Meinhardt, Hauke    | Meinhardt.             | 110 | 0:28:21,7 |

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| 134 | 2589 | w | LUX | Disteldorff, Laura        |                       | 24  | 0:28:22,4 |
| 135 | 2588 | m | LUX | Laroche, Nik              |                       | 111 | 0:28:22,8 |
| 136 | 2586 | w | GER | Lehneit, Elisa            | AVG - Raketen         | 25  | 0:28:24,1 |
| 137 | 2587 | w | GER | Levy, Rosemarie           | AVG - Raketen         | 26  | 0:28:24,3 |
| 138 | 2507 | m | GER | Lauenstein, Sven          | Kings of Cool         | 112 | 0:28:31,8 |
| 139 | 2511 | w | GER | Roth, Stefanie            | Kings of Cool         | 27  | 0:28:33,8 |
| 140 | 2135 | m | GER | Hoffmann, Dirk            | TG Konz/Team Erdinger | 113 | 0:28:35,0 |
| 141 | 2072 | m | GER | Zimmer, Markus            | Laufmasche Adenau     | 114 | 0:28:35,3 |
| 142 | 2073 | w | GER | Ulrich, Sacitha           | Laufmasche Adenau     | 28  | 0:28:36,7 |
| 143 | 2214 | m | GER | Roos, Fabian              | CROSSFIT Trier        | 115 | 0:28:42,0 |
| 144 | 2266 | m | LUX | Schaeffer, Mika           |                       | 116 | 0:28:44,4 |
| 145 | 2267 | m | LUX | Lippert, Yannick          |                       | 117 | 0:28:48,1 |
| 146 | 2265 | w | GER | Duchene, Nicole           |                       | 29  | 0:28:49,0 |
| 147 | 2283 | m | GER | Weddewer, Stefan          |                       | 118 | 0:28:55,3 |
| 148 | 2698 | m | USA | Allen, Christopher        |                       | 119 | 0:28:55,4 |
| 149 | 2035 | w | GER | Schollenberger, Katharina | Donnergurgler         | 30  | 0:28:56,2 |
| 150 | 2074 | w | GER | Ehlen, Ellen              | läuft                 | 31  | 0:28:59,8 |
| 151 | 2076 | w | GER | Tonner, Stefanie          | läuft                 | 32  | 0:29:00,2 |
| 152 | 2213 | w | GER | Franke, Katharina         | chicken run           | 33  | 0:29:00,6 |
| 153 | 2030 | m | GER | Dörrstein, Jan            | Donnergurgler         | 120 | 0:29:02,6 |
| 154 | 2133 | m | GER | Ziwes, Oliver             | Team Sattelfest       | 121 | 0:29:03,0 |
| 155 | 2646 | m | GER | Fabro, Luca               | Triers CrossFinest    | 122 | 0:29:03,0 |
| 156 | 2134 | m | GER | Ziwes, Philip             | Team Sattelfest       | 123 | 0:29:03,2 |
| 157 | 2132 | m | GER | Ziwes, Gunnar             | Team Sattelfest       | 124 | 0:29:03,5 |
| 158 | 2068 | m | GER | Goscianiak, Jens          | Hattingen             | 125 | 0:29:07,0 |
| 159 | 2069 | w | GER | Nieder-Eichholz, Tanja    | Hattingen             | 34  | 0:29:07,2 |
| 160 | 2018 | m | GER | Roeder, Daniel            | die Palderlz          | 126 | 0:29:10,8 |
| 161 | 2260 | m | GER | Klauck, Kevin             |                       | 127 | 0:29:13,4 |
| 162 | 2641 | m | GER | Böhme, Luis               | Tri Post Trier        | 128 | 0:29:15,5 |
| 163 | 2008 | w | GER | Böhme-Laglasse, Nicole    | Der TV Bewegt         | 35  | 0:29:16,0 |
| 164 | 2409 | m | GER | Flesch, Dennis            | Backüp                | 129 | 0:29:17,3 |
| 165 | 2155 | m | GER | Yaruz, Cesar              |                       | 130 | 0:29:17,9 |
| 166 | 2100 | m | GER | Junk, Christian           | Miep Miep             | 131 | 0:29:23,4 |
| 167 | 2099 | w | LUX | Sommer, Sara              | Miep Miep             | 36  | 0:29:25,0 |
| 168 | 2288 | w | GER | Kuhn, Julia               |                       | 37  | 0:29:27,5 |
| 169 | 2302 | w | GER | Heber, Eva-Maria          |                       | 38  | 0:29:28,9 |
| 170 | 2496 | m | GER | Darr, Daniel              | Kamaf rennt           | 132 | 0:29:30,1 |
| 171 | 2582 | m | GER | Pint, Lothar              |                       | 133 | 0:29:32,0 |
| 172 | 2581 | w | GER | Hiller, Michaela          |                       | 39  | 0:29:32,2 |
| 173 | 2591 | m | PUR | Alamo, Alex               |                       | 134 | 0:29:34,8 |
| 174 | 2583 | m | USA | Moore, Willie             |                       | 135 | 0:29:36,1 |
| 175 | 2174 | w | GER | Contier, Anne             | Freeletics            | 40  | 0:29:36,5 |
| 176 | 2259 | m | GER | Glieden, Patrick          |                       | 136 | 0:29:41,6 |
| 177 | 2505 | m | GER | Brückmann, Moritz         | Killer by cardio      | 137 | 0:29:41,6 |
| 178 | 2273 | m | GER | Becker, Matthias          |                       | 138 | 0:29:41,8 |
| 179 | 2448 | m | GER | Plog, Tobias              | Die Irrläufer         | 139 | 0:29:44,0 |

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| 180 | 2450 | w | GER | Naß, Isabel           | Die Irrläufer           | 41  | 0:29:45,3 |
| 181 | 2449 | m | GER | Tries, Manuel         | Die Irrläufer           | 140 | 0:29:45,6 |
| 182 | 2503 | m | GER | Bolte, Jan Hendrik    | Killer by cardio        | 141 | 0:29:46,5 |
| 183 | 2504 | w | GER | Herbrich, Madeleine   | Killer by cardio        | 42  | 0:29:50,2 |
| 184 | 2036 | m | GER | Kosira, Mario         | Donnergurgler           | 142 | 0:29:54,8 |
| 185 | 2431 | m | GER | Burger, Fabian        | Clever Fit Trier        | 143 | 0:29:56,5 |
| 186 | 2095 | w | GER | Kreuzkamp, Lena       | maze runners            | 43  | 0:29:58,7 |
| 187 | 2103 | w | GER | Arnoldy, Luisa        | Muselindianer           | 44  | 0:30:01,4 |
| 188 | 2105 | m | GER | Arnoldy, Norbert      | Muselindianer           | 144 | 0:30:02,1 |
| 189 | 2104 | w | GER | Arnoldy, Hannah       | Muselindianer           | 45  | 0:30:02,3 |
| 190 | 2301 | w | GER | Konkol, Julia         |                         | 46  | 0:30:02,9 |
| 191 | 2662 | w | GER | Schnitzius, Evelyn    | Turboschnecken          | 47  | 0:30:03,7 |
| 192 | 2663 | w | GER | Müller, Nadine        | Turboschnecken          | 48  | 0:30:03,7 |
| 193 | 2660 | w | GER | Allmacher, Birgit     | Turboschnecken          | 49  | 0:30:03,8 |
| 194 | 2159 | w | GER | Weidner, Kathrin      | Turboschnecken          | 50  | 0:30:03,9 |
| 195 | 2661 | w | GER | Feiten, Paula         | Turboschnecken          | 51  | 0:30:03,9 |
| 196 | 2012 | m | GER | Hilker, Michael       | Die 4 Tribute der Säule | 145 | 0:30:06,5 |
| 197 | 2161 | m | GER | Henz, Thomas          | TV Losheim              | 146 | 0:30:07,0 |
| 198 | 2160 | m | GER | Müller, Dirk          |                         | 147 | 0:30:07,3 |
| 199 | 2444 | w | GER | Gehrels, Diana        | die Elfen               | 52  | 0:30:08,4 |
| 200 | 2445 | w | GER | Block, Andrea         | die Elfen               | 53  | 0:30:08,6 |
| 201 | 2032 | w | GER | Hussong, Denise       | Donnergurgler           | 54  | 0:30:14,3 |
| 202 | 2033 | m | GER | Schollenberger, Felix | Donnergurgler           | 148 | 0:30:14,8 |
| 203 | 2271 | w | GER | Heide, Sonja          |                         | 55  | 0:30:21,0 |
| 204 | 2272 | m | GER | Heide, Fabian         |                         | 149 | 0:30:21,4 |
| 205 | 2538 | m | GER | Kohn, Manfred         | REMONDIS                | 150 | 0:30:23,8 |
| 206 | 2436 | w | GER | Lapinski, Johanna     | deinestrecke.de         | 56  | 0:30:24,0 |
| 207 | 2270 | w | GER | Schönhofen, Cathrin   |                         | 57  | 0:30:24,3 |
| 208 | 2493 | m | GER | Beck, Marvin          | just for fun            | 151 | 0:30:24,4 |
| 209 | 2539 | m | GER | Prison, Sascha        | REMONDIS                | 152 | 0:30:24,5 |
| 210 | 2541 | m | GER | Welter, Nico          | REMONDIS                | 153 | 0:30:24,7 |
| 211 | 2617 | m | GER | Stüber, Manfred       | Team Stüber             | 154 | 0:30:26,4 |
| 212 | 2619 | m | GER | Stüber, Felix         | Team Stüber             | 155 | 0:30:26,5 |
| 213 | 2121 | w | GER | Lamber, Anne          | TBS - Pacemaker         | 58  | 0:30:31,4 |
| 214 | 2131 | w | GER | Adebayo, Ruka         | Team active BKS         | 59  | 0:30:32,9 |
| 215 | 2126 | m | GER | Zilkowski, Rouven     | Team active BKS         | 156 | 0:30:33,3 |
| 216 | 2614 | w | GER | Reiser, Nathalie      | Team Sportnahrung Engel | 60  | 0:30:34,6 |
| 217 | 2492 | w | GER | Stoffel, Christina    | just for fun            | 61  | 0:30:36,3 |
| 218 | 2240 | m | GER | Warken, Tim           | TiMe                    | 157 | 0:30:37,1 |
| 219 | 2241 | w | GER | Biwer, Melanie        | TiMe                    | 62  | 0:30:37,2 |
| 220 | 2227 | w | GER | Lorscheider, Valerie  | Running Minions         | 63  | 0:30:38,6 |
| 221 | 2044 | m | GER | Görlach, Peter        | Freeletics              | 158 | 0:30:41,5 |
| 222 | 2092 | m | GER | Hermes, Sascha        | Matsch-o-Men            | 159 | 0:30:46,0 |
| 223 | 2298 | m | GER | Houben, Alexander     |                         | 160 | 0:30:46,1 |
| 224 | 2244 | m | GER | Regitz, Carsten       | TUS Wadenkrampf         | 161 | 0:30:50,1 |
| 225 | 2243 | w | GER | Müller, Antonia       | TUS Wadenkrampf         | 64  | 0:30:50,5 |

|     |      |   |     |                      |                         |     |           |
|-----|------|---|-----|----------------------|-------------------------|-----|-----------|
| 226 | 2242 | m | GER | Regitz, Jan          | TUS Wadenkrampf         | 162 | 0:30:51,0 |
| 227 | 2254 | m | GER | Prümm, Lukas         | TVH Handball            | 163 | 0:31:00,6 |
| 228 | 2250 | m | GER | Zentz, Sebastian     | TVH Handball            | 164 | 0:31:01,8 |
| 229 | 2253 | m | GER | Kratz, Christoph     | TVH Handball            | 165 | 0:31:01,8 |
| 230 | 2245 | m | GER | Weber, Thomas        | TVH Handball            | 166 | 0:31:02,3 |
| 231 | 2246 | m | GER | Treinen, David       | TVH Handball            | 167 | 0:31:02,5 |
| 232 | 2248 | m | GER | Valerius, Felix      | TVH Handball            | 168 | 0:31:02,5 |
| 233 | 2453 | w | GER | Jesse, Juliane       | Eifelpower              | 65  | 0:31:04,3 |
| 234 | 2454 | w | GER | Wonner, Gabi         | Eifelpower              | 66  | 0:31:05,6 |
| 235 | 2101 | m | GER | Frick, Benny         | Moselaner               | 169 | 0:31:12,3 |
| 236 | 2102 | m | GER | Lex, Tobias          | Moselaner               | 170 | 0:31:12,5 |
| 237 | 2296 | m | GER | Görres, Stefan       |                         | 171 | 0:31:13,0 |
| 238 | 2220 | m | ASA | Therault, Jason      | CROSSFIT Trier          | 172 | 0:31:16,1 |
| 239 | 2427 | m | GER | Sellinger, Justin    | Clever Fit Trier        | 173 | 0:31:16,5 |
| 240 | 2612 | m | GER | Reiser, Jakob        | Team Sportnahrung Engel | 174 | 0:31:17,1 |
| 241 | 2228 | w | GER | Groth, Clarissa      | Running Minions         | 67  | 0:31:17,4 |
| 242 | 2519 | m | GER | Neurohr, Alex        | Laufgruppe Gänsebl...   | 175 | 0:31:19,3 |
| 243 | 2518 | m | GER | Bäcker, Pascal       | Laufgruppe Gänsebl...   | 176 | 0:31:20,5 |
| 244 | 2236 | m | GER | Veit, Holger         | Starsky & Hutch         | 177 | 0:31:20,9 |
| 245 | 2606 | m | GER | Schnitzius, Tim      | Team läuft immer noch   | 178 | 0:31:21,9 |
| 246 | 2520 | m | GER | Cronebach, Luca      | Laufgruppe Gänsebl...   | 179 | 0:31:22,3 |
| 247 | 2209 | w | GER | Gädi, Alexa          | chicken run             | 68  | 0:31:28,6 |
| 248 | 2471 | m | GER | Klink, Pascal        | Fit4Run                 | 180 | 0:31:30,1 |
| 249 | 2211 | w | GER | Pilepic, Sonja       | chicken run             | 69  | 0:31:31,9 |
| 250 | 2166 | w | GER | Weyland, Olivia      | Roter Stern Trier       | 70  | 0:31:32,1 |
| 251 | 2225 | w | GER | Probst, Denise       | Footlouies              | 71  | 0:31:32,3 |
| 252 | 2224 | m | GER | Leistert, Norman     | Footlouies              | 181 | 0:31:32,8 |
| 253 | 2226 | m | GER | Junglas, Tobias      | Footlouies              | 182 | 0:31:32,9 |
| 254 | 2605 | w | GER | Schneiders, Sabrina  | Team läuft immer noch   | 72  | 0:31:36,6 |
| 255 | 2019 | w | GER | Palzer, Anna         | die Palderlz            | 73  | 0:31:39,9 |
| 256 | 2020 | m | GER | Palzer, Patrick      | die Palderlz            | 183 | 0:31:39,9 |
| 257 | 2268 | m | GER | Röder, Thomas        |                         | 184 | 0:31:42,8 |
| 258 | 2212 | w | GER | Buhse, Michelle      | chicken run             | 74  | 0:31:46,6 |
| 259 | 2442 | m | GER | Güssgen, Norman      | Die Eierbären           | 185 | 0:31:47,7 |
| 260 | 2088 | m | GER | Litty, Andre         | Mannis Maschinen        | 186 | 0:31:51,6 |
| 261 | 2086 | m | GER | Ingeln, Oliver       | Mannis Maschinen        | 187 | 0:31:52,2 |
| 262 | 2091 | w | GER | Bayer, Simone        | Mannis Maschinen        | 75  | 0:31:52,5 |
| 263 | 2089 | w | GER | Metzdorf, Maria      | Mannis Maschinen        | 76  | 0:31:52,6 |
| 264 | 2085 | m | GER | Lietzmann, Christian | Mannis Maschinen        | 188 | 0:31:52,7 |
| 265 | 2084 | m | GER | Görlich, Vincent     | Mannis Maschinen        | 189 | 0:31:52,8 |
| 266 | 2087 | w | GER | Merten, Sonja        | Mannis Maschinen        | 77  | 0:31:52,9 |
| 267 | 2090 | m | GER | Schwarz, Pascal      | Mannis Maschinen        | 190 | 0:31:53,3 |
| 268 | 2434 | m | GER | Zobelt, Tobias       | Das BIER gewinnt.       | 191 | 0:31:55,6 |
| 269 | 2229 | m | GER | Pütz, Martin         | Running Minions         | 192 | 0:31:58,9 |
| 270 | 2432 | w | GER | Pfeifer, Simone      | Couchpotatoes           | 78  | 0:31:59,5 |
| 271 | 2640 | w | GER | Haep, Nadine         | Tierarztpraxis Isabe... | 79  | 0:31:59,5 |

|     |      |   |     |                      |                         |     |           |
|-----|------|---|-----|----------------------|-------------------------|-----|-----------|
| 272 | 2637 | w | GER | Meyer, Lea           | Tierarztpraxis Isabe... | 80  | 0:32:00,3 |
| 273 | 2207 | m | GER | Scrima, Santino      | Chaotencrew             | 193 | 0:32:06,1 |
| 274 | 2208 | w | GER | Mechsner, Jaqueline  | Chaotencrew             | 81  | 0:32:06,2 |
| 275 | 2687 | w | GER | Mahmod, Mona         |                         | 82  | 0:32:08,5 |
| 276 | 2441 | m | GER | Gierens, Thomas      | Die Eierbären           | 194 | 0:32:08,7 |
| 277 | 2630 | w | GER | Akman, Yeter         | The unstoppable A-Team  | 83  | 0:32:10,4 |
| 278 | 2129 | w | GER | Zenner, Lisa         | Team active BKS         | 84  | 0:32:14,4 |
| 279 | 2673 | w | GER | Grupp, Carmen        | Wajos - Die Genussma... | 85  | 0:32:18,2 |
| 280 | 2671 | w | GER | Schall, Lena         | Wajos - Die Genussma... | 86  | 0:32:18,4 |
| 281 | 2572 | m | GER | Knopp, Noah          | Ruwer Rockets           | 195 | 0:32:18,8 |
| 282 | 2638 | w | GER | Szymkowska, Edyta    | Tierarztpraxis Isabe... | 87  | 0:32:24,1 |
| 283 | 2535 | w | LUX | Ries, Caroline       | Refuge Peitrusshaus     | 88  | 0:32:24,9 |
| 284 | 2537 | m | LUX | Kocks, Yannick       | Refuge Peitrusshaus     | 196 | 0:32:24,9 |
| 285 | 2536 | w | LUX | Dostert, Martine     | Refuge Peitrusshaus     | 89  | 0:32:25,3 |
| 286 | 2290 | w | GER | Hasenstab, Daniela   |                         | 90  | 0:32:25,6 |
| 287 | 2289 | w | FRA | Toy, Alicia          |                         | 91  | 0:32:28,2 |
| 288 | 2571 | m | GER | Schwarzkopf, Fritz   | Ruwer Rockets           | 197 | 0:32:37,2 |
| 289 | 2465 | w | ITA | Rigoni, Ilenia       | First Try-Out           | 92  | 0:32:42,8 |
| 290 | 2466 | m | GER | Stockinger, Matthias | First Try-Out           | 198 | 0:32:42,8 |
| 291 | 2633 | w | GER | Reißmann, Isabelle   | Tierarztpraxis Isabe... | 93  | 0:32:42,8 |
| 292 | 2636 | w | GER | Eiden, Jule          | Tierarztpraxis Isabe... | 94  | 0:32:43,7 |
| 293 | 2643 | w | GER | Gitzinger, Michaela  | Trierathletinnen        | 95  | 0:32:50,3 |
| 294 | 2642 | w | GER | Gitzinger, Gabriela  | Trierathletinnen        | 96  | 0:32:54,7 |
| 295 | 2635 | w | GER | Eiden, Sophie        | Tierarztpraxis Isabe... | 97  | 0:32:56,3 |
| 296 | 2561 | m | GER | Hahn, Michael        | Sky Riders 2,0          | 199 | 0:33:02,2 |
| 297 | 2173 | w | GER | Blaschke, Tatjana    | Brigada WIL             | 98  | 0:33:13,0 |
| 298 | 2172 | m | GER | Herz, Dennis         | Brigada WIL             | 200 | 0:33:13,2 |
| 299 | 2421 | w | GER | Gräber, Manuela      | Body Cross Kastellaun   | 99  | 0:33:14,4 |
| 300 | 2263 | w | GER | Schön, Kim           |                         | 100 | 0:33:14,6 |
| 301 | 2419 | w | GER | Lenerz, Melissa      | Blurred Liners          | 101 | 0:33:14,9 |
| 302 | 2562 | m | GER | Späth, Fabian        | Sky Riders 2,0          | 201 | 0:33:16,7 |
| 303 | 2690 | w | ASA | Stone, Whitney       |                         | 102 | 0:33:18,0 |
| 304 | 2424 | w | GER | Tschumak, Tanja      | Body Cross Kastellaun   | 103 | 0:33:18,2 |
| 305 | 2525 | m | GER | Poß, Denis           | Overrated               | 202 | 0:33:19,6 |
| 306 | 2423 | w | GER | Schmitt, Annika      | Body Cross Kastellaun   | 104 | 0:33:19,9 |
| 307 | 2422 | w | GER | Hirt, Julia          | Body Cross Kastellaun   | 105 | 0:33:20,6 |
| 308 | 2029 | w | GER | Kirsten, Lena        | Die Wombats             | 106 | 0:33:25,8 |
| 309 | 2028 | w | GER | Weinand, Sina        | Die Wombats             | 107 | 0:33:26,0 |
| 310 | 2070 | m | GER | Franzen, Christoph   | Hochwaldkraxxler        | 203 | 0:33:28,8 |
| 311 | 2634 | m | GER | Bohn, Christian      | Tierarztpraxis Isabe... | 204 | 0:33:28,8 |
| 312 | 2639 | m | GER | Schmitt, Martin      | Tierarztpraxis Isabe... | 205 | 0:33:28,8 |
| 313 | 2488 | w | LUX | von Focht, Sabine    | Ju Jitsu Grousbous      | 108 | 0:33:28,9 |
| 314 | 2486 | w | LUX | Nickels, Michèle     | Ju Jitsu Grousbous      | 109 | 0:33:29,0 |
| 315 | 2490 | m | LUX | Malget, Michel       | Ju Jitsu Grousbous      | 206 | 0:33:29,0 |
| 316 | 2487 | w | LUX | Origer, Anne-Marie   | Ju Jitsu Grousbous      | 110 | 0:33:29,4 |
| 317 | 2150 | m | LUX | Rota, Yves           | Yuyitsu Grouboos        | 207 | 0:33:30,0 |

|     |      |   |     |                     |                           |     |           |
|-----|------|---|-----|---------------------|---------------------------|-----|-----------|
| 318 | 2489 | w | LUX | Schmit, Carole      | Ju Jitsu Grousbous        | 111 | 0:33:30,3 |
| 319 | 2071 | w | GER | Blau, Hannah        | Hochwaldkraxxler          | 112 | 0:33:32,1 |
| 320 | 2057 | m | GER | Hessinger, Marius   | GLS Germany               | 208 | 0:33:34,1 |
| 321 | 2060 | w | GER | Vass, Elisa         | GLS Germany               | 113 | 0:33:34,1 |
| 322 | 2083 | m | LUX | Ferreira, Nuno      | LiNu                      | 209 | 0:33:34,8 |
| 323 | 2222 | m | GER | Claßen, Sven        | elite warriors            | 210 | 0:33:42,6 |
| 324 | 2451 | w | GER | Becker, Lena        | Die Lillys                | 114 | 0:33:42,9 |
| 325 | 2223 | w | GER | Frick, Mirjam       | elite warriors            | 115 | 0:33:43,0 |
| 326 | 2452 | w | GER | Schumacher, Lea     | Die Lillys                | 116 | 0:33:44,0 |
| 327 | 2669 | w | GER | Temme, Sonja        | v-wing                    | 117 | 0:33:49,6 |
| 328 | 2670 | m | GER | Kaldewey, Julian    | v-wing                    | 211 | 0:33:49,8 |
| 329 | 2297 | w | GER | Thielges, Christine |                           | 118 | 0:33:53,6 |
| 330 | 2457 | m | GER | Friedrichs, Lars    | fantastic four            | 212 | 0:34:03,6 |
| 331 | 2458 | w | GER | Schneider, Nadine   | fantastic four            | 119 | 0:34:04,3 |
| 332 | 2456 | w | GER | Lingnau, Katja      | fantastic four            | 120 | 0:34:04,8 |
| 333 | 2455 | w | GER | Herrig, Silke       | fantastic four            | 121 | 0:34:05,2 |
| 334 | 2654 | m | GER | Schmitz, Maximilian | Triers CrossFinest        | 213 | 0:34:13,8 |
| 335 | 2649 | w | GER | Fabbro, Laura       | Triers CrossFinest        | 122 | 0:34:14,4 |
| 336 | 2462 | m | GER | Zimmer, Mike        | Fast'n'Furious            | 214 | 0:34:14,6 |
| 337 | 2461 | m | GER | Zimmer, Stefan      | Fast'n'Furious            | 215 | 0:34:14,8 |
| 338 | 2666 | w | GER | Schroeteler, Mona   | Two and a half women      | 123 | 0:34:21,1 |
| 339 | 2667 | w | GER | Nehmer, Antje       | Two and a half women      | 124 | 0:34:21,7 |
| 340 | 1479 | w | GER | Giwanski, Jennifer  | Feuerwehr Trier - L... .. | 125 | 0:34:26,5 |
| 341 | 2130 | m | GER | Bohr, Arjan         | Team active BKS           | 216 | 0:34:28,7 |
| 342 | 2128 | m | GER | Brösch, René        | Team active BKS           | 217 | 0:34:28,8 |
| 343 | 2079 | w | GER | Murray, Christine   | Lebenshilfe e.V.          | 126 | 0:34:29,1 |
| 344 | 2127 | w | GER | Zilkowski, Kristin  | Team active BKS           | 127 | 0:34:29,2 |
| 345 | 2692 | w | LUX | Vereckt, Lara       |                           | 128 | 0:34:29,6 |
| 346 | 2080 | m | GER | Heinzel, Jürgen     | Lebenshilfe e.V.          | 218 | 0:34:29,8 |
| 347 | 2691 | m | LUX | Beidler, Dany       |                           | 219 | 0:34:30,2 |
| 348 | 2081 | m | GER | Enderle, Wolfgang   | Lebenshilfe e.V.          | 220 | 0:34:30,3 |
| 349 | 2078 | w | GER | Lehnert, Kathrin    | Lebenshilfe e.V.          | 129 | 0:34:30,6 |
| 350 | 2585 | w | GER | Lenerz, Melissa     | Blurred Liners            | 130 | 0:34:30,7 |
| 351 | 2416 | w | GER | Meyer, Lisa         | Blurred Liners            | 131 | 0:34:31,4 |
| 352 | 2058 | m | ITA | Marras, Manuele     | GLS Germany               | 221 | 0:34:32,1 |
| 353 | 2255 | w | GER | Lehnertz, Anja      |                           | 132 | 0:34:33,5 |
| 354 | 2697 | w | GER | Kiemen, Kathrin     |                           | 133 | 0:34:33,7 |
| 355 | 2653 | w | GER | Poth, Kathrin       | Triers CrossFinest        | 134 | 0:34:41,1 |
| 356 | 2658 | w | GER | Strupp, Nicole      | Triers CrossFinest        | 135 | 0:34:41,8 |
| 357 | 2648 | w | GER | Schmitz, Ulrike     | Triers CrossFinest        | 136 | 0:34:42,0 |
| 358 | 2645 | w | GER | Lauer, Rebecca      | Triers CrossFinest        | 137 | 0:34:42,1 |
| 359 | 2650 | w | GER | Zimmer, Evgenia     | Triers CrossFinest        | 138 | 0:34:42,4 |
| 360 | 2647 | m | GER | Schmitz, Sven       | Triers CrossFinest        | 222 | 0:34:42,7 |
| 361 | 2664 | w | GER | Weidner, Kathrin    | Turboschnecken            | 139 | 0:34:42,7 |
| 362 | 2652 | w | GER | Hehl, Fabienne      | Triers CrossFinest        | 140 | 0:34:43,1 |
| 363 | 2651 | m | GER | Millen, Björn       | Triers CrossFinest        | 223 | 0:34:43,4 |

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| 364 | 2550 | w | GER | Wermescher, Nadja       | Schnelle Schnittchen     | 141 | 0:34:43,7 |
| 365 | 2554 | w | GER | Adams, Stefanie         | Schnelle Schnittchen     | 142 | 0:34:44,0 |
| 366 | 2552 | w | GER | Martin, Daniela         | Schnelle Schnittchen     | 143 | 0:34:44,1 |
| 367 | 2553 | w | GER | Wildenburg, Antonia     | Schnelle Schnittchen     | 144 | 0:34:44,2 |
| 368 | 2655 | m | GER | Oettel, Ole             | Triers CrossFinest       | 224 | 0:34:44,4 |
| 369 | 2657 | m | GER | Strupp, Jan             | Triers CrossFinest       | 225 | 0:34:45,2 |
| 370 | 2656 | m | GER | Litke, Tim              | Triers CrossFinest       | 226 | 0:34:46,2 |
| 371 | 2046 | w | GER | Heimann, Simone         | FreeRunners              | 145 | 0:34:57,1 |
| 372 | 2045 | w | GER | Mohr, Andrea            | FreeRunners              | 146 | 0:34:59,9 |
| 373 | 2494 | w | GER | Steffens, Katahrina     | K <sup>2</sup>           | 147 | 0:35:09,4 |
| 374 | 2495 | w | GER | Krämer, Katharina       | K <sup>2</sup>           | 148 | 0:35:09,5 |
| 375 | 2059 | m | GER | Decker, Thorsten        | GLS Germany              | 227 | 0:35:10,8 |
| 376 | 2693 | w | GER | Schu, Claudia           |                          | 149 | 0:35:22,1 |
| 377 | 2694 | w | GER | Kettern, Daniela        |                          | 150 | 0:35:22,1 |
| 378 | 2443 | m | GER | Michel, Yves            | Die Eierbären            | 228 | 0:35:28,6 |
| 379 | 2517 | w | GER | Schneider, Elke         | Lady shake               | 151 | 0:35:30,6 |
| 380 | 2514 | w | GER | Friedrichs, Alexandra   | Lady shake               | 152 | 0:35:31,3 |
| 381 | 2515 | w | GER | Schönhofen, Petra       | Lady shake               | 153 | 0:35:31,4 |
| 382 | 2516 | w | GER | Huß, Lissy              | Lady shake               | 154 | 0:35:31,8 |
| 383 | 2048 | m | GER | Schulten, Marcel        | Funball Dortelweil       | 229 | 0:35:33,6 |
| 384 | 2049 | w | GER | Haunhorst, Sibylle      | Funball Dortelweil       | 155 | 0:35:34,4 |
| 385 | 2474 | m | GER | Christ, Alex            | forever                  | 230 | 0:35:34,7 |
| 386 | 2050 | w | GER | Stelz, Mareike          | Funball Dortelweil       | 156 | 0:35:35,0 |
| 387 | 2473 | w | GER | Schreier, Saskia        | forever                  | 157 | 0:35:35,2 |
| 388 | 2677 | w | GER | Biewer, Katharina       | Waldfeen                 | 158 | 0:35:36,8 |
| 389 | 2678 | w | GER | Lambertz, Katherina     | Waldfeen                 | 159 | 0:35:37,0 |
| 390 | 2679 | w | GER | Ambre, Julia            | Waldfeen                 | 160 | 0:35:37,1 |
| 391 | 2659 | w | GER | Hirsch, Maria           | TRS                      | 161 | 0:35:39,1 |
| 392 | 2603 | m | GER | Blameuser, Fabian       | Team läuft !             | 231 | 0:35:40,3 |
| 393 | 2022 | m | GER | Thetard, Mike           | Die Seitenstecher        | 232 | 0:35:40,4 |
| 394 | 2023 | w | GER | Eltges, Franziska       | Die Seitenstecher        | 162 | 0:35:40,4 |
| 395 | 1673 | w | GER | Theis, Christine        | Team läuft !             | 163 | 0:35:40,8 |
| 396 | 2604 | w | GER | Klubertz, Corinna       | Team läuft !             | 164 | 0:35:41,2 |
| 397 | 2468 | w | GER | Grundhöfer, Kerstin     | Fit4Run                  | 165 | 0:35:44,4 |
| 398 | 2467 | w | GER | Bernheine, Isabel       | Fit4Run                  | 166 | 0:35:44,9 |
| 399 | 2470 | w | GER | Reiter, Male            | Fit4Run                  | 167 | 0:35:45,1 |
| 400 | 2602 | w | BEL | Popova, Maria           | Team Clumsy              | 168 | 0:35:49,3 |
| 401 | 2111 | w | GER | Skalej, Ramona          | MX-Girls                 | 169 | 0:35:50,1 |
| 402 | 2112 | w | GER | Müller, Clarissa        | MX-Girls                 | 170 | 0:35:50,9 |
| 403 | 2107 | m | GRE | Spirocolopulos, Andreas | Muskelwerkstatt Trier    | 233 | 0:35:55,6 |
| 404 | 2406 | w | GER | Kitza, Laura            | 7 gestiefelte Muskelk... | 171 | 0:36:06,1 |
| 405 | 2405 | m | GER | Rettig, Hendrik         | 7 gestiefelte Muskelk... | 234 | 0:36:06,3 |
| 406 | 2407 | m | GER | Hoffmann, Mark          | 7 gestiefelte Muskelk... | 235 | 0:36:06,5 |
| 407 | 2533 | w | GER | Prinz, Julia            | Prinzen Sisters          | 172 | 0:36:09,9 |
| 408 | 2532 | w | GER | Prinz, Laura            | Prinzen Sisters          | 173 | 0:36:10,1 |
| 409 | 2534 | w | GER | Wahlen, Christin        | Prinzen Sisters          | 174 | 0:36:10,4 |

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|-----|------|---|-----|----------------------|-------------------------|-----|-----------|
| 410 | 2523 | w | GER | Karbach, Luisa       | Nameless                | 175 | 0:36:10,6 |
| 411 | 2524 | w | GER | Pinger, Diana        | Nameless                | 176 | 0:36:10,6 |
| 412 | 2009 | m | GER | Gesenhoff, Marcus    | Der TV Bewegt (Kathr... | 236 | 0:36:11,2 |
| 413 | 2005 | w | GER | Gesenhoff, Kathrin   | Der TV Bewegt           | 177 | 0:36:12,2 |
| 414 | 2294 | m | GER | Becker, Daniel       |                         | 237 | 0:36:12,3 |
| 415 | 2052 | m | GER | Geist, Yanik         | Geisterläufer           | 238 | 0:36:16,8 |
| 416 | 2010 | m | GER | Albers, Mario        | Die 4 Tribute der Säule | 239 | 0:36:19,8 |
| 417 | 2218 | w | GER | Knauff, Nadine       | CROSSFIT Trier          | 178 | 0:36:20,0 |
| 418 | 2011 | m | GER | Schmitz, Klaus       | Die 4 Tribute der Säule | 240 | 0:36:20,6 |
| 419 | 2013 | m | GER | Ganz, Oliver         | Die 4 Tribute der Säule | 241 | 0:36:21,1 |
| 420 | 2285 | m | GER | Knürr, Christopher   |                         | 242 | 0:36:22,9 |
| 421 | 2219 | w | NED | Lammers, Ellen       | CROSSFIT Trier          | 179 | 0:36:23,5 |
| 422 | 2284 | w | GER | Kleinsorge, Theresa  |                         | 180 | 0:36:24,6 |
| 423 | 2217 | m | GER | Weißmann, Holger     | CROSSFIT Trier          | 243 | 0:36:29,1 |
| 424 | 2216 | w | GER | Brabandt, Ramona     | CROSSFIT Trier          | 181 | 0:36:29,6 |
| 425 | 2053 | w | GER | Geist, Lucie         | Geisterläufer           | 182 | 0:36:30,9 |
| 426 | 2051 | w | GER | Geist, Fiona         | Geisterläufer           | 183 | 0:36:33,1 |
| 427 | 2569 | w | GER | Fischl, Vroni        | Straßenhopper           | 184 | 0:36:36,1 |
| 428 | 2567 | m | GER | Schasiepen, Stefan   | Straßenhopper           | 244 | 0:36:36,6 |
| 429 | 2568 | m | GER | Schasiepen, Martin   | Straßenhopper           | 245 | 0:36:36,6 |
| 430 | 2548 | w | GER | Lehmann, Sandra      | Run4Fun                 | 185 | 0:36:51,2 |
| 431 | 2549 | w | GER | Schümann, Martina    | Run4Fun                 | 186 | 0:36:51,2 |
| 432 | 2502 | m | GER | Klein, Daniel        | Kandels Destruction ... | 246 | 0:36:54,9 |
| 433 | 2501 | w | GER | Reville, Bärbel      | Kandels Destruction ... | 187 | 0:36:55,2 |
| 434 | 2513 | w | POL | Grzesiula, Karolina  | Klein-Killer            | 188 | 0:36:55,7 |
| 435 | 2625 | w | GER | Winter, Nadine       | Team Winterson          | 189 | 0:37:04,6 |
| 436 | 2624 | m | GER | Winter, Hans Wilhelm | Team Winterson          | 247 | 0:37:06,3 |
| 437 | 2141 | w | GER | Bohlinger, Jennifer  | The Running Gag         | 190 | 0:37:06,8 |
| 438 | 2142 | w | GER | Effling, Ramona      | The Running Gag         | 191 | 0:37:07,1 |
| 439 | 2578 | w | GER | Gehrels, Finja       |                         | 192 | 0:37:12,1 |
| 440 | 2579 | w | GER | Gehrels, Paula       |                         | 193 | 0:37:12,2 |
| 441 | 2230 | w | GER | Kruschinsky, Sina    | Running Nurses          | 194 | 0:37:18,7 |
| 442 | 2232 | w | GER | Drabiuk, Nicole      | Running Nurses          | 195 | 0:37:18,8 |
| 443 | 2440 | w | GER | Schmidt, Svenja      | Der Sandmann und die... | 196 | 0:37:18,9 |
| 444 | 2231 | w | LUX | Moos, Corinne        | Running Nurses          | 197 | 0:37:19,2 |
| 445 | 2233 | w | GER | Thome, Susanne       | Running Nurses          | 198 | 0:37:19,6 |
| 446 | 2439 | m | GER | Klauck, Marcus       | Der Sandmann und die... | 248 | 0:37:20,5 |
| 447 | 1467 | w | GER | Christ, Nicole       | Euphorianer             | 199 | 0:37:22,4 |
| 448 | 2165 | w | GER | Hansen, Jennifer     |                         | 200 | 0:37:38,5 |
| 449 | 2418 | m | GER | Laux, Fabian         | Blurred Liners          | 249 | 0:37:41,7 |
| 450 | 2286 | m | GER | Schmidt, Clemens     |                         | 250 | 0:37:42,9 |
| 451 | 2287 | w | GER | Berg, Lisa           |                         | 201 | 0:37:45,9 |
| 452 | 2417 | m | GER | Fischenich, Jens     | Blurred Liners          | 251 | 0:37:55,9 |
| 453 | 2415 | w | GER | Emmerichs, Wiebke    | Blurred Liners          | 202 | 0:37:56,9 |
| 454 | 2566 | w | GER | Michels, Sophia      | Sophelli                | 203 | 0:38:00,2 |
| 455 | 2565 | w | GER | Bastuck, Elisabeth   | Sophelli                | 204 | 0:38:01,9 |

|     |      |   |     |                        |                         |     |           |
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| 456 | 2264 | m | GER | Harz, Dominik Burbes - |                         | 252 | 0:38:09,5 |
| 457 | 2098 | w | GER | Jutz, Jessica          | Meeedschen              | 205 | 0:38:11,1 |
| 458 | 2097 | w | GER | Jabbar, Jasmin         | Meeedschen              | 206 | 0:38:11,4 |
| 459 | 2543 | m | GER | Adam, Pierre           | REMONDIS                | 253 | 0:38:15,1 |
| 460 | 2041 | w | GER | Dilbat, Sarah          | Freeletics              | 207 | 0:38:17,2 |
| 461 | 2570 | m | GER | Dustert, Julien        | Master of Desaster      | 254 | 0:38:32,8 |
| 462 | 2276 | w | GER | Heitkötter, Eva        | Master of Desaster      | 208 | 0:38:32,9 |
| 463 | 2564 | m | ITA | Sachs, Ian             | Slowmotion              | 255 | 0:38:33,3 |
| 464 | 2563 | w | CRO | Glavinka, Melani       | Slowmotion              | 209 | 0:38:33,6 |
| 465 | 2557 | w | GER | Bergau, Melanie        | Schwestern im Geiste    | 210 | 0:38:34,9 |
| 466 | 2559 | w | GER | Hennig, Julia          | Schwestern im Geiste    | 211 | 0:38:35,2 |
| 467 | 2558 | w | GER | Jarzombek, Martha      | Schwestern im Geiste    | 212 | 0:38:35,4 |
| 468 | 2560 | w | GER | Zeeman, Anne           | Schwestern im Geiste    | 213 | 0:38:35,5 |
| 469 | 2540 | w | GER | Bauer, Doris           | REMONDIS                | 214 | 0:38:40,1 |
| 470 | 2542 | m | GER | Wefels, Dennis         | REMONDIS                | 256 | 0:38:40,8 |
| 471 | 1480 | w | GER | Hemmerling, Kerstin    | Flitzpiepen             | 215 | 0:38:42,9 |
| 472 | 2674 | w | GER | Becker, Katharina      | Wajos - Die Genussma... | 216 | 0:38:45,7 |
| 473 | 2675 | w | GER | Klein, Tamara          | Wajos - Die Genussma... | 217 | 0:38:45,9 |
| 474 | 2234 | w | GER | Hoffmann, Isabel       | Sporty I&S              | 218 | 0:38:48,1 |
| 475 | 2235 | w | GER | Berens, Simone         | Sporty I&S              | 219 | 0:38:48,1 |
| 476 | 2146 | w | GER | Maurer, Jasmin         |                         | 220 | 0:38:55,9 |
| 477 | 2082 | w | LUX | Scholtes, Linda        | LiNu                    | 221 | 0:39:10,0 |
| 478 | 2062 | w | GER | Wiese, Anne            | GLS Germany             | 222 | 0:39:19,2 |
| 479 | 2574 | m | GER | Knopp, Oliver          | Ruwer Rockets           | 257 | 0:39:39,1 |
| 480 | 2573 | w | GER | Knopp, Stefanie        | Ruwer Rockets           | 223 | 0:39:39,3 |
| 481 | 2506 | w | GER | Reitz, Julia           | Kings of Cool           | 224 | 0:39:54,4 |
| 482 | 2510 | w | GER | Kaupp, Désirée         | Kings of Cool           | 225 | 0:39:54,9 |
| 483 | 2509 | w | GER | Kuhnen, Susanne        | Kings of Cool           | 226 | 0:39:55,1 |
| 484 | 2508 | w | GER | Bitterkleit, Sandra    | Kings of Cool           | 227 | 0:39:55,4 |
| 485 | 2627 | w | GER | Akman, Daniela         | The unstoppable A-Team  | 228 | 0:39:58,7 |
| 486 | 2676 | w | GER | Naujoks, Saskia        | Wajos - Die Genussma... | 229 | 0:40:19,2 |
| 487 | 2672 | w | GER | Diebert, Silke         | Wajos - Die Genussma... | 230 | 0:40:22,6 |
| 488 | 2609 | w | GER | Werner, Katharina      | Team läuft noch         | 231 | 0:41:03,7 |
| 489 | 2610 | w | GER | Klein, Sonja           | Team läuft noch         | 232 | 0:41:04,0 |
| 490 | 2608 | w | GER | Nicolaus, Steffi       | Team läuft noch         | 233 | 0:41:04,4 |
| 491 | 2147 | w | GER | Grün, Eva Maria        |                         | 234 | 0:41:10,5 |
| 492 | 2547 | m | GER | Schiffels, Dominik     | Rochter                 | 258 | 0:41:45,4 |
| 493 | 2545 | m | GER | Maasem, Björn          | Rochter                 | 259 | 0:41:50,4 |
| 494 | 2544 | w | GER | Erz, Julia             | Rochter                 | 235 | 0:41:53,8 |
| 495 | 2413 | w | GER | Hert, Jenny            | Bitchachos              | 236 | 0:41:54,0 |
| 496 | 2412 | w | GER | Komor, Sarah           | Bitchachos              | 237 | 0:41:55,1 |
| 497 | 2411 | w | GER | Stein, Janina          | Bitchachos              | 238 | 0:41:55,8 |
| 498 | 2410 | w | GER | Keßler, Tatjana        | Bitchachos              | 239 | 0:41:57,1 |
| 499 | 2414 | w | GER | Zimmer, Patricia       | Bitchachos              | 240 | 0:41:57,6 |
| 500 | 2601 | w | BEL | Popova, Natalia        | Team Clumsy             | 241 | 0:42:06,4 |
| 501 | 2546 | w | GER | Ramadan, Samira        | Rochter                 | 242 | 0:42:12,0 |

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| 502 | 2460 | w | GER | Zimmer, Sonja   | Fast'n'Furious | 243 | 0:42:28,3 |
| 503 | 2459 | w | GER | Zimmer, Susanne | Fast'n'Furious | 244 | 0:42:28,4 |
| 504 | 2148 | m | USA | Ewings, Michael | GLS Germany    | 260 | 0:46:38,7 |